

Dear Short Dance Studio Families,

Our goal is to mitigate the potential for transmission of COVID-19 at our dance studio. This requires full cooperation among our staff, dancers, and parents. Through this cooperative effort we can establish the safety of all persons in attendance of our studio and classes.

SDS dancers, staff and family's health and safety our of utmost importance. Our COVID-19 Preparedness Plan follows State of Minnesota Industry Guidance for Youth Sports/Dance, Centers for Disease Control and Prevention (CDC) Guidelines, federal Occupational Safety and Health Administration (OSHA) standards related to safety and health precautions required in response to COVID-19 and applicable executive orders.

COVID-19 Preparedness Plan for Short Dance Studios (Inver Grove Heights, MN and New Richmond, WI) classes starting July 13th, 2020

1. Policies and procedures that assist in the identification of sick staff and dancers. Ensure that sick staff and dancers stay home.

Dancers, staff, and all parents are to ask themselves the following questions the day of the class and prior to arrival.

Have you had any of the following symptoms since your last day at dance/home/rehearsal that you cannot attribute to another health condition?

Please answer "Yes" or "No" to each question prior to your arrival. Do you have:

- **Fever (100.4°F or higher), or feeling feverish?**
- **Chills?**
- **A new cough?**
- **Shortness of breath?**
- **A new sore throat?**
- **New muscle aches?**
- **New headache?**
- **New loss of smell or taste?**

If a dancer, staff or parent answers "Yes" to any of the above screening questions or has a measured temperature above 100.4°F, they should be advised to go home, stay away from other people, and contact their health care provider. This is a self-assessment done prior to arrival. If you have any additional concerning symptoms or answered yes, please stay home.

2. Social distancing – maintaining six feet of physical distancing

- Physical distancing of approximately six feet will be implemented and maintained between staff, dancers and spectators in the classroom and all common areas. Using the following protocols to implement social distancing.
- Physical distancing of approximately 6 feet will be implemented and maintained between staff, dancers and family members in the classroom and all common areas. This is to be happening throughout the time at the studio and in all areas.
- Dancers are to be approximately 6 feet apart from each other in the classroom and while waiting for class. SDS has ample space to spread dancers out in each classroom. Marks on dance floors in each room will be spaced to ensure physical distancing. SDS has obtained more Ballet Barres and mats to allow for physical distancing. SDS has limited its class sizes per space to ensure physical distancing can be obtained.
- Make use of the available space. Interactions between SDS staff members and dancers/family members should take place in open areas that allow sufficient space for social distancing. Plexiglass may be added to the front desk to aid in protection.

3. Staff, dancers, and family members hygiene, face masks and source controls

- Staff, dancers and family members are encouraged to regularly wash their hands. Using soap and warm water for 20 seconds.
- Staff members, dancers and family members are asked to consider wearing face masks in the lobby areas. Masks are optional in class and to be decided on at an individual's discretion. The CDC and the WHO have stated that "wearing a mask during high intensity aerobic activity is not recommended." All staff members within 6 feet of a dancer/patron will be masked.
- Hand sanitizers stations will be available to use as a hygiene precaution.

4. Facility cleaning and disinfection protocols (Short Dance Studios)

- SDS staff will sanitize frequently touched surfaces every hour or between every class. In addition, restrooms will be cleaned every few hours and dance floors will be cleaned every night or at an appropriate time that is safe.
- All mats, Ballet Barres, props, etc. will be disinfected between each class.

5. Drop-off, pick-up, arrival and delivery practices and protocols

- Please enter the studio through doors on the right and maintain social distancing, doors will be marked.
- Please exit through doors on the right and maintain social distancing, doors will be marked.
- Family members are asked to remain outside while dropping off and picking up dancers if applicable.
- Please arrive no sooner than 15 minutes before scheduled dance time, dressed and ready for class to keep restroom use minimal.
- Please leave immediately upon completion of class.

- Please keep belongings contained.

6. Communications, training and supervision practices and protocols

- This COVID-19 Preparedness Plan was communicated via e-mail to all SDS staff, dancers and their families, as well as, placed on the website. This COVID-19 Preparedness Plan has been approved prior to classes taking place. It will be updated and modified as necessary.

7. What staff, dancers and family members can do to minimize transmission of COVID-19

For our organized classes:

- Come to class only during your scheduled time.
- Leave the studio directly when your class is completed.
- Follow the guidelines put in place by SDS.
- Always maintain approximately 6 feet physical distancing.
- Maintain physical distancing while in the lobby area waiting for your scheduled class.
- Keep any interaction with other dancers contactless.
- Discourage the sharing of water bottles, make-up, hair products or other items associated with a dance.
- Please only use drinking fountains to refill water bottles.
- Please keep drinks and snacks to a minimum.

Staff, dancers, and family members that do not follow our guidelines will be given a warning by SDS. Failure to comply may result in firing or expulsion without reimbursement. Please follow our guidelines.

Thank you for following our guidelines and protocols. This will ensure that our studio and classes are safe and successful for everyone involved.

Short Dance Studios